

Name _____

Instrument _____ Band Class _____

The Knight Band's 12 Days of 'Instrumental' Christmas 7th/8th Grade

Complete all 12 exercises by the end of the holiday break and earn *one* free music masterly 'skip'!

Each day you practice, play a 'warm up' first:

Flutes: Octaves from Bb to Bb / or the harmonics on p. 6 or 8

Oboes/Bassoons: Play the notes in your fingering chart in whole notes.

Clarinets: Register Slurs From Low E to Thumb F

Saxophones: Octaves from 'concert' F to concert F / or p. 6 or 8

Brass: Blue Book P. 6-8 (choose 4 options total)

Perc: Blue book p.52 (pattern 1 or 2-SD)

All:

Region Scales (add octaves if you can)

Blue Book, p. 4 (a set a day) (perc. p.4A mallet)

_____ 1. Play the chromatic scale for your parents.

_____ 2. Play a mini concert for your pets (Or stuffed animals).

_____ 3. Call a friend (or family) and play Rudolph (from the packet) Write their name here: _____ .

_____ 4. Play at least 8 measures from one of your favorite popular songs like "Watch Me Whip/Nae Nae" or "Hello" (by ear or look online for sheet music).

_____ 5. Play as many scales as possible from memory. Write the scales you played here: _____ .

_____ 6. Describe perfect posture (perc. hand position) to a relative. Demonstrate on your instrument by playing one of the songs from the packet.

_____ 7. Listen to a recording of an expert on your instrument (Ex: Google "famous flutists").

_____ 8. Play your favorite scale as fast as possible. Write the tempo here: _____ .

_____ 9. Write and play an 4-measure song for your instrument.

_____ 10. Listen to recordings of your UIL Music (silent practice with it). Check the JW Pepper website first, then look on YouTube.

Wind Ensemble: Downtown Divertimento (de Meij), Blue and Green Music (Hazo), Peacemaker (King)
Honor Band: Joy (Ticheli), Fort Canterbury March (Holsinger), Modal Song and Dance (Del Borgo)
Symphonic Band: Armory (Standridge), Elizabethan Dances, Williams), Spitfire March (Story)

_____ 11. Play "Chord Study 2" from your Blue Book, p. 11 (you can play the triplets or the quarter notes) ((Percussion...mallets)).

_____ 12. Write your parents a thank you note for all the support they give you in band. Tell them your favorite thing about band and why you are glad they let you be a part of it. Then play a mini concert for them (whatever music you want to play!).



Yes, my child has completed the "Holiday Musical Workout".

Parent Signature: _____